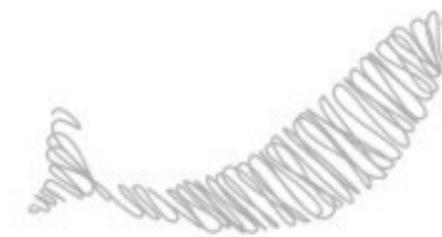


The Trout Hotel



SMALL PLATES

Soup of the day, malty seeded bread V	4.95
Seafood cocktail, Marie rose, brown bread	9.00
Gin cured salmon, cucumber & lime	8.95
Spring onion & chive soufflé V	8.95
Haggis Scotch egg, whisky & mustard mayonnaise	7.50
Pork pie, piccalilli	7.00
Potted shrimp, toasted fingers	7.95
Mussels cooked in ale, crusty bread	8.95

SHARING

Parmesan & rocket salad	4.95
Bread board, chilli butter, pesto, olive oil, balsamic vinegar	6.95
Cauliflower fritters, curry mayonnaise V	5.95
Pork scratching's, apple sauce	3.95
Salt & pepper squid, strawberry chutney	6.50
Flash fried prawns, chilli, lemon, parsley	6.95
Breaded brie, cranberry dip V	5.50
Mixed olives V	4.50

SIDES

Steamed greens V	3.95
Hand cut chips V	3.95
Skinny chips V	3.95
New potatoes V	3.95
Garlic bread V	3.95
Onion rings V	3.95

V – Vegetarian

Gluten Free, Lactose intolerant & Vegan menu available

FISH

Jennings beer battered fish & hand cut chips, mushy peas, tartare sauce	14.95
Scampi, chips, garden peas, tartare sauce	14.95
Scottish salmon, braised lettuce, potatoes, samphire	16.00
Trout fishcakes, parsley sauce, spinach, skinny fries	13.95

MEAT & POULTRY

Chicken & mushroom pie, filo crust, new potatoes, seasonal vegetables	13.00
Steamed beef pudding, beef jus, creamy mash, seasonal vegetables	14.95
Lasagna, garlic bread, dressed salad	12.95

BURGERS

Wagu burger, cheese, slaw, hand cut chips	15.95
Chicken Burger, mayonnaise, lettuce, tomato, hand cut chips	14.00
Halloumi Burger, mushrooms, onions, sweet chilli sauce, hand cut chips	12.95

FROM THE GRILL

Cumberland sausage, creamy potatoes, kale, onion gravy	13.95
Sirloin steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	14.95/22.95 150g/300g
Fillet steak, confit tomato, mushroom, watercress, hand cut chips, peppercorn sauce	25.95/32.95 150g/300g

SALADS

Ploughman's V	8.95/13.95
Fisherman's salad	9.95/16.95
Chicory, pear, walnut & blue cheese salad V	9.00/14.00
Mediterranean vegetable pasta V	12.00
Quiche of the day, dressed salad, hand cut chips	8.95

DESSERTS

Sticky toffee pudding, butterscotch sauce, date puree, vanilla ice cream V	8.00
Earl Grey Cambridge burnt cream, shortbread biscuit V	7.00
Summer pudding, clotted cream V	7.00
Peach & cardamom Bakewell tart, cardamom mascarpone cheese V	6.50
Double chocolate pudding, lightly whipped cream V	8.00
Sherry trifle V	7.00

ICE CREAM

Aperol ice cream, prosecco gel, lemon meringue, orange cream sundae	7.50
Honeycomb ice cream, butterscotch sauce, chocolate brownie, toffee popcorn, Chantilly cream sundae V	7.50
Ice cream, aperol, honeycomb, vanilla, chocolate, strawberry V 3 scoops £4.95 or £1.75 per scoop	

CHEESEBOARD

Black Sticks blue, Blencathra, brie, Wensleydale smoked	10.00
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MINI DESSERTS

Mini Dessert & coffee choose either salted caramel brownie, panna cotta, with fruit compote, macaron, carrot cake	5.95
Mini Dessert & The Lakes Distillery Salted Carmel Vodka choose either salted caramel brownie, panna cotta with fruit compote, macaron, carrot cake	6.95

If you are seated and require service you can call 01900 823591 from your table stating your table number. Alternatively one of our friendly team will attend to you.

Garden service please place your order by telephone 01900 823591. Pre-payment will be required at time of order.